



FREE WEIGHT LOSS WORKSHOP



Helping You, Help Yourself Seminar Series

Join us January 16th at 6:00pm
in East Setauket for a

FREE Weight Loss Workshop!

196 Belle Mead Road, East Setauket, NY 11733

No Sales, Join us & learn!

"The Skinny on Fats"

How Learning to Eat the Right Fats Will Make You Permanently Thin....

Let's Put an End to the Dieting Yo-Yo in 2013"

Presented By: Dr. Gregg Baron

Hosted By: Cindi A. Prentiss, MBA, PT, OCS. Cert. MDT, LMT



Dr. Baron holds an M.S. in Sports Health Science and a Doctorate Degree in Chiropractic from Life University in Marietta, GA. Prior to earning his chiropractic degree, Dr. Baron was a New York State Physical Fitness Champion and a Certified Personal Trainer through the American Council on Exercise.



Cindi A. Prentiss is the owner of Physical Therapy & Beyond, Healing Hands Massage Therapy, and Beyond Fitness. She is a well respected Physical Therapist.

Call now to reserve your spot 941-3535 or
Email BriannaPTBeyond@optonline.net

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www.CindiPrentissPT.com