

Dr. Gregg Baron

Keynotes... Half or full day workshops... Retreats

Dr. Baron's Signature Speech...

Live The D.R.E.A.M. Everyday!

The 5 Major Pieces to the Wellness Puzzle

In this transformational talk, Dr. Baron provides the key combination to unlocking your personal wellness vault. That key comes in the form of an acronym, D.R.E.A.M., which stands for Diet, Relaxation, Exercise, Adjustment and Mental Wellness. The purpose... to keep wellness-oriented attendees from becoming consumers of the sick-care industry.

Dr. Baron's Other Popular Talks Include...

Wealth & Wellness

A 5-Step, Inside-Out Approach Toward Prosperity

Financial freedom *AND* good health? *Who says you can't have it all!*

In this cutting-edge conversation, Dr. Baron reveals his 5-step, inside-out approach toward prosperity. This one's a potential game changer for attendees!

The 'Skinny' on Fats

How Eating the Right Fats Will Make You Permanently Thin

Not all fats are created equal! *And...* when it comes to weight loss, it is this inequality that ultimately sabotages your success. In this informative, eye-opening presentation, Dr. Baron will show attendees how to finally step off the dieting train once and for all.



About Dr. Baron...

DREAM Wellness co-founder Dr. Gregg Baron is a well-respected practicing chiropractor, wellness coach, author, and speaker.

Prior to earning his chiropractic degree, Dr. Baron was a New York State Physical Fitness Champion and a Certified Personal Trainer through the American Council on Exercise.

Dr. Baron is also a devoted martial artist, having earned the rank of Black Belt in the arts of Shito-Ryu Karate and Nihon Goshin Aikido. He lives in South Setauket, NY, with his wife, Danielle, and two sons, Jaden and Jake.

Speaking Clients*

- ♦ EXIT Realty
- ♦ LI Board of Realtors
- ♦ Women's Council of Realtors
- ♦ Middle Country Chamber of Commerce
- ♦ Ronkonkoma Chamber of Commerce

**partial list... See website for more*

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